



## CURRICULUM VITAE

**Payam Nabovati BSc, MSc, PhD**

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### Personal Data:

Date of Birth: May 11, 1988

Place of Birth: Tehran, Iran

Marital Status: Married

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### Contact Information:

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### Education:

2016-2019      PhD in Optometry and Vision Science  
Iran University of Medical Sciences  
GPA: 19.03/20

2011-2014      MSc in Optometry and Vision Science  
Iran University of Medical Sciences  
GPA: 17.83/20

2007-2011      BSc in Optometry  
Shahid Beheshti University of Medical Sciences  
GPA: 16.48/20

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### Academic Position:

Assistant Professor of Optometry

Department of Optometry, Iran University of Medical Sciences (Head of department)



## Clinical Experience:

2011-2019      Bina Eye Hospital, Tehran, Iran

2016-2018      Noor Eye Hospital, Tehran, Iran

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## Professional Memberships:

1. Medical Organization of the Islamic Republic of Iran
  2. Iranian Society of Optometry (Director of Education and Research Committee)
  3. Optometry Board of Examiners, Ministry of Health of the Islamic Republic of Iran (vice president)
  4. National Elite Foundation of Iran
  5. Postgraduate Education Council, School of Rehabilitation Sciences, Iran University of Medical Sciences
  6. Research Council, School of Rehabilitation Sciences, Iran University of Medical Sciences
  7. Evaluation Committee, School of Rehabilitation Sciences, Iran University of Medical Sciences
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## Teaching Experience:

### BSc Course

- Binocular vision anomalies I
- Binocular vision anomalies II
- Mechanism of binocular vision
- The basics of Optometry
- Optometric clinical examinations I and II
- Optometric clinical examinations III
- Clinical observations in Optometry
- Pediatric Optometry I and II

### MSc Course

- Non-surgical treatment of strabismus

### PhD Course

- Statistical softwares in Optometry and Vision Science
- Advanced vision therapy

- Ocular and systemic diseases affecting refractive errors



### Peer-review Experience:

1. Clinical and Experimental Optometry
  2. Optometry and Vision Science
  3. BMC Ophthalmology
  4. Journal of Current Ophthalmology
  5. International Journal of Ophthalmology
  6. Journal of Ophthalmology (Hindawi)
  7. Function and Disability Journal
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### Peer-reviewed articles:

1. Mirzaee Saba L, Hashemi H, Jafarzadehpour E, Mirzajani A, Yekta A, Jafarzadehpour A, Zarei A, **Nabovati P**, Khabazkhoob M. P100 Wave Latency and Amplitude in Visual Evoked Potential Records in Different Visual Quadrants of Normal Individuals. *Journal of Ophthalmic Vis Res* 2023; 18:175-181.
2. Doostdar A, Hashemi H, **Nabovati P**, Asharlous A, Khabazkhoob M. Receded near point of convergence as a predictor of mild cognitive impairment in the general geriatric population: results from a population-based study. *Int J Ophthalmol* 2023; 16:623-629.
3. Hashemi H, Valadkhan M, **Nabovati P**, Yekta A, Aghamirsalim M, Khabazkhoob M. Distribution of Corneal Volume and Its Associated Factors in an Elderly Population: Tehran Geriatric Eye Study. *Cornea* 2022; doi:10.1097/ICO.0000000000003177. Online ahead of print.
4. Hashemi H, **Nabovati P**, Yekta A, Borojerdi A, Fallahkohan H, Rezvan F, Khabazkhoob M. Abnormal Visual Function: An Under-recognized Risk Factor of Road Traffic Injuries. *J Ophthalmic Vis Res* 2022; 17:529-535.
5. Hashemi H, Asharlous A, Yekta A, Aghamirsalim M, **Nabovati P**, Sadoughi MM, Khabazkhoob M. Astigmatism profile in the elderly population: Tehran Geriatric Eye Study. *Jpn J Ophthalmol* 2022; 66:461-473.

6. Sahih Alnasab SS, Asharlous A, Doostdar A, **Nabovati P**, Yekta A, Khabazkhoob M. Epidemiology of Dry Eye and Its Determinants Among University Students. *J Ophthalmic Vis Res* 2022; 17:447-448.
7. Hashemi H, Pakzad R, Aghamirsalim M, Yekta A, Mortazavi M, Pourmatin R, Pakbin M, **Nabovati P**, Khabazkhoob M. Age- and Sex-Standardized Prevalence of Age-Related Cataract and Its Determinants; Tehran Geriatric Eye Study (TGES). *Ophthalmic Epidemiol* 2022; 29:554-565.
8. Hashemi H, **Nabovati P**, Yekta A, Aghamirsalim M, Rafati S, Ostadimoghaddam H, Khabazkhoob M. Binocular vision disorders in a geriatric population. *Clin Exp Optom* 2022; 105:539-545.
9. Ramin S, **Nabovati P**, Hashemi H, Abbasi A, Yekta A, Rafatifard A, Heydarian S, Khabazkhoob M. To compare on-axis measurements of the axial length with off-axis measurements in the paracentral horizontal and vertical positions. *Semin Ophthalmol* 2022; 37:63-66.
10. Ghobadi M, Nabovati P, Hashemi H, Talaei A, Fathi HR, Yekta Y, Ostadimoghaddam H, Yekta A, Khabazkhoob M. Accommodative and convergence anomalies in patients with opioid use disorder. *Clin Exp Optom* 2022; 105:392-397.
11. Yekta A, Hashemi H, Ostadimoghaddam H, Hadizadeh M, Rafati S, Doostdar A, **Nabovati P**, Sadoughi MM, Khabazkhoob M. Anterior and posterior corneal higher-order aberrations in early diagnosis and grading of keratoconus. *Clin Exp Optom* 2022; doi: 10.1080/08164622.2022.2033602. Online ahead of print.
12. Hashemi H, **Nabovati P**, Aghamirsalim M, Yekta A, Rezvan F, Khabazkhoob M. Central corneal thickness and its determinants in a geriatric population: a population-based study. *Eye* 2022; doi: 10.1038/s41433-022-01946-2. Online ahead of print.
13. Hashemi H, Khabazkhoob M, **Nabovati P**, Emamian MH, Fotouhi A. A longitudinal study of local stereoacuity and associated factors in schoolchildren: The Shahroud Schoolchildren Eye Cohort Study. *Clin Exp Optom* 2022; doi: 10.1080/08164622.2022.2048998. Online ahead of print.
14. **Nabovati P**, Khabazkhoob M, Fayaz F, Rajabi S, Asharlous A. Vision-related symptoms, accommodative and binocular vision performance in young diabetics vs. normal controls. *Ophthalmic Physiol Opt* 2022; 42:904-912.

15. Hashemi H, Jamali A, **Nabovati P**, Yekta A, Khabazkhoob M. Anisometropia Profile in Elderly Population: Tehran Geriatric Eye Study. *J Binocul Vis Ocul Motil* 2022; 72:161-168.
16. Shariati Moghaddam R, Doostdar A, **Nabovati P**, Yekta A, Sadoughi MM, Mirzajani A, Khabazkhoob M. Evaluation and Comparison of Posterior Corneal Elevation Parameters in Different Grades of Keratoconus by Pentacam. *Acta Medica Iranica* 2022; 60:165-170.
17. Hashemi H, **Nabovati P**, Jamali A, Pakbin M, Yekta A, Aghamirsalim M, Asadollahi M, Khabazkhoob M. The distribution of the near point of convergence and its related factors in an elderly population: the Tehran Geriatric Eye Study (TGES). *Eye* 2021; 35:3404-3409.
18. Hashemi H, **Nabovati P**, Aghamirsalim M, Mahboubipour H, Yekta A, Khabazkhoob M. Corneal asphericity and related factors in the geriatric population: A population-based study. *Ophthalmic Physiol Opt* 2021; 41:691-701.
19. Hashemi H, **Nabovati P**, Khabazkhoob M, Yekta A, Ostadimoghaddam H, Doostdar A, Ramin S, Aghamirsalim M. The Prevalence of Fusional Vergence Dysfunction in a Population in Iran. *J Curr Ophthalmol* 2021; 33:112-117.
20. Berjandy F, **Nabovati P**, Hashemi H, Yekta A, Ostadimoghaddam H, Sardari S, Khabazkhoob M. Predicting initial base curve of the rigid contact lenses according to Javal keratometry findings in patients with keratoconus. *Cont Lens Anterior Eye* 2021; 44:101340.
21. Jamali A, Naghdi T, Hosseini Abardeh M, Jamalzehi M, Khalajzadeh M, Kamangar M, Tehranchi N, **Nabovati P**. *Med Hypothesis Discov Innov Ophthalmol* 2021; 10:11-17.
22. Hashemi H, **Nabovati P**, P Yekta A, Aghamirsalim M, Rafati S, Ostadimoghaddam H, Razmjoo H, Khabazkhoob M. Convergence Insufficiency in the Geriatric Population. *Optom Vis Sci* 2021; 98:613-619.
23. Hashemi H, **Nabovati P**, Pakzad R, Yekta A, Aghamirsalim M, Sardari S, Rafati S, Ostadimoghaddam H, Khabazkhoob M. Prevalence of amblyopia and its determinants in a rural population: a population-based cross-sectional study. *Strabismus* 2021; 29:10-18.
24. Hashemi H, Jafarzadehpur E, **Nabovati P**, Yekta A, Aghamirsalim M, Kamali M, Mirzajani A, Khabazkhoob M. Predictor factors of prism effectiveness in young adults with convergence insufficiency. *Clin Exp Optom* 2021; 104:611-616.

25. Mirzaeian M, Hashemi H, Narooie-Noori F, **Nabovati P**, Yekta A, Sardari S, Ostadimoghaddam H, Doostdar A, Khabazkhoob M. Evaluation of the presence of a central fusion lock effect on fixation disparity curve parameters in symptomatic and asymptomatic subjects. *Clin Exp Optom* 2021; 104:617-624.
26. Hashemi H, Mirzaeian M, Narooie F, **Nabovati P**, Yekta A, Ostadimoghaddam H, Sardari S, Khabazkhoob M. Agreement of Fixation Disparity Curve between Two Different Instruments. *Optom Vis Sci* 2021; 98:629-635.
27. **Nabovati P**, Kamali M, Khabazkhoob M, Mirzajani A, Jafarzadehpur E. Psychometric Assessment of the Persian Version of the Revised Convergence Insufficiency Symptom Survey in Young Adults with Convergence Insufficiency. *J Curr Ophthalmol* 2020; 32:395-401.
28. Assadpour M, **Nabovati P**, Hashemi H, Rafati S, Yekta A, Jafarzadehpur E, Khabazkhoob M. Comparison of Corneal Higher-order Aberrations between Miniscleral and Hybrid Lenses in Keratoconus. *Optom Vis Sci* 2020; 97:749-753.
29. Hashemi H, **Nabovati P**, Khabazkhoob M, Emamian MH, Yekta A, Fotouhi A. Agreement of Central Corneal Thickness Measurements between Scheimpflug Photography and Optical Low-Coherence Reflectometry in Children. *Semin Ophthalmol* 2020; 35:252-256.
30. Hashemi H, Pakzad R, **Nabovati P**, Azad Shahraki F, Ostadimoghaddam H, Aghamirsalim M, Pakbin M, Yekta A, Khoshhal F, Khabazkhoob M. The prevalence of tropia, phoria and their types in a student population in Iran. *Strabismus* 2020; 28:35-41.
31. **Nabovati P**, P Kamali M, Mirzajani A, Jafarzadehpur E, Khabazkhoob M. The effect of base-in prism on vision-related symptoms and clinical characteristics of young adults with convergence insufficiency; a placebo-controlled randomised clinical trial. *Ophthalmic Physiol Opt* 2020; 40:8-16.
32. Rafati S, Hashemi H, **Nabovati P**, Doostdar A, Yekta A, Aghamirsalim M, Khabazkhoob M. Demographic profile, clinical, and topographic characteristics of keratoconus patients attending at a tertiary eye center. *J Curr Ophthalmol* 2019; 31:268-274.
33. Hashemi H, Khabazkhoob M, **Nabovati P**, Azad Shahraki F, Ostadimoghaddam H, Faghihi M, Aghamirsalim M, Doostdar A, Yekta A. Accommodative insufficiency in a student population in Iran. *J Optom* 2019; 12:161-167.

34. Hashemi H, Khabazkhoob M, Pakzad R, Yekta A, Heravian J, **Nabovati P**, Ostadimoghaddam H. The prevalence of color vision deficiency in the northeast of Iran. *J Curr Ophthalmol* 2019; 31:80-85.
35. Hashemi, H, Saatchi M, Yekta A, Ali B, Ostadimoghaddam H, **Nabovati P**, Aghamirsalim M, Khabazkhoob M. High Prevalence of Asthenopia among a Population of University Students. *J Ophthalmic Vis Res* 2019; 14:474-482.
36. Hashemi H, Yekta A, **Nabovati P**, Khoshhal F, Riazi A, Khabazkhoob M. The prevalence of refractive errors in 5–15 year-old population of two underserved rural areas of Iran. *J Curr Ophthalmol* 2018; 30:250-254.
37. Hashemi H, Khabazkhoob M, Pakzad R, Yekta A, Nojomi M, **Nabovati P**. The Characteristics of Excimer Laser Refractive Surgery Candidates. *Eye Contact Lens* 2018;44 Suppl 1:S158-S162. doi: 10.1097/ICL.0000000000000360.
38. Hashemi H, **Nabovati P**, Khabazkhoob M, Yekta A, Emamian MH, Fotouhi A. Near Point of Convergence in Iranian Schoolchildren: Normative Values and Associated Factors. *Strabismus* 2018; 26:126-132.
39. Hashemi H, Khabazkhoob M, **Nabovati P**, Yazdani N, Ostadimoghaddam H, Shiralivand E, Derakhshan A, Yekta A. Distribution of IOP measured with an air puff tonometer in a young population. *J Curr Ophthalmol* 2018; 30:35-41.
40. Hashemi H, **Nabovati P**, Khabazkhoob M, Yekta A, Emamian MH, Fotouhi A. Does Hofstetter's equation predict the real amplitude of accommodation in children?. *Clin Exp Optom* 2018; 101:123-128.
41. Hashemi H, **Nabovati P**, Yekta A, Shokrollahzadeh F, Khabazkhoob M. The prevalence of refractive errors among adult rural populations in Iran. *Clin Exp Optom* 2018; 101:84-89.
42. Hashemi H, **Nabovati P**, Khabazkhoob M, Ostadimoghaddam H, Doostdar A, Shiralivand E, Yekta A. The prevalence of convergence insufficiency in Iran: a population-based study. *Clin Exp Optom* 2017; 100:704-709.
43. Faghihi M, Hashemi H, **Nabovati P**, Saatchi M, Yekta A, Rafati S, Ostadimoghaddam H, Khabazkhoob M. The Prevalence of Amblyopia and Its Determinants in a Population-based Study. *Strabismus* 2017; 25:176-183.

44. Hashemi H, Khabazkhoob M, Yekta A, Emamian MH, **Nabovati P**, Fotouhi A. The Distribution of Macular Thickness and Its Determinants in a Healthy Population. *Ophthalmic Epidemiol* 2017; 24:323-331.
45. Ghasemi M, Khabazkhoob M, Hashemi H, Yekta A, **Nabovati P**. The incidence of needle stick and sharp injuries and their associations with visual function among hospital nurses. *J Curr Ophthalmol* 2017; 29:214-220.
46. Hashemi H, Khabazkhoob M, **Nabovati P**, Ostadimoghaddam H, Shafaei S, Doostdar A, Yekta A. The Prevalence of Age-Related Eye Disease in an Elderly Population. *Ophthalmic Epidemiol* 2017; 24:222-228.
47. Ostadimoghaddam H, Hashemi H, **Nabovati P**, Yekta A, Khabazkhoob M. The distribution of near point of convergence and its association with age, gender and refractive error: a population-based study. *Clin Exp Optom* 2017; 100:255-259.
48. Hashemi H, **Nabovati P**, Yekta A, Ostadimoghaddam H, Behnia B, Khabazkhoob M. The Prevalence of Strabismus, Heterophorias, and Their Associated Factors in Underserved Rural Areas of Iran. *Strabismus* 2017; 25:60-66.
49. Hashemi H, Khabazkhoob M, **Nabovati P**, Yekta A, Emamian MH, Fotouhi A. Retinal nerve fibre layer thickness in a general population in Iran. *Clin Exp Ophthalmol* 2017; 45:261-269.
50. Hashemi H, **Nabovati P**, Yekta A, Ostadimoghaddam H, Forouzesht S, Yazdani N, Khabazkhoob M. Amplitude of accommodation in an 11- to 17-year-old Iranian population. *Clin Exp Optom* 2017; 100:162-166.
51. Aghazadeh Amiri M, Hashemi H, Ramin S, Yekta A, Taheri A, **Nabovati P**, Khabazkhoob M. Corneal thickness measurements with Scheimpflug and slit scanning imaging techniques in keratoconus. *J Curr Ophthalmol* 2017; 29:23-27.
52. Hashemi H, Khabazkhoob M, Yazdani N, Ostadimoghaddam H, **Nabovati P**, Moravej R, Yekta A. The distribution of orbscan indices in young population. *J Curr Ophthalmol* 2017; 29:39-44.
53. Yekta A, Hashemi H, Norouzirad R, Ostadimoghaddam H, **Nabovati P**, Dadbin N, Nirouzad F, Shiralivand E, Khabazkhoob M. The Prevalence of Amblyopia, Strabismus, and Ptosis in Schoolchildren of Dezful. *Eur J Ophthalmol* 2017; 27:109-112.



54. Hashemi H, Khabazkhoob M, Forouzesh S, **Nabovati P**, Yekta A, Ostadimoghaddam H. The Prevalence of Asthenopia and its Determinants Among Schoolchildren. *J Compr Ped* 2017; 8: e43208.
55. Yekta A, Khabazkhoob M, Hashemi H, Ostadimoghaddam H, Ghasemi-Moghaddam S, Heravian J, Doostdar A, **Nabovati P**. Binocular and Accommodative Characteristics in a Normal Population. *Strabismus* 2017; 25:5-11.
56. Hashemi H, Yekta A, Saatchi M, Jafarzadehpur E, **Nabovati P**, Khabazkhoob M. The met and unmet need for refractive correction and its determinants in 7-year-old children. *Br J Vis Impai* 2017; 35:69-80.
57. Hashemi H, Yekta A, Jafarzadehpur E, Ostadimoghaddam H, Asharlous A, **Nabovati P**, Khabazkhoob M. Sensitivity and Specificity of Preschool Vision Screening in Iran. *Iran J Public Health* 2017; 46:207-215.
58. Hashemi H, **Nabovati P**, Malekifar A, Yekta A, Ostadimoghaddam H, Jafarzadehpur E, Khabazkhoob M. Astigmatism in underserved rural areas: a population-based study. *Ophthalmic Physiol Opt* 2016; 36:671-679.
59. Hashemi H, Khabazkhoob M, Emamian MH, Yekta A, Jafari A, **Nabovati P**, Fotouhi A. The prevalence of ptosis in an Iranian adult population. *J Curr Ophthalmol* 2016; 28:142-145.
60. Asharlous A, Hashemi H, Jafarzadehpur E, Mirzajani A, Yekta A, **Nabovati P**, Khabazkhoob M. Does astigmatism alter with cycloplegia? *J Curr Ophthalmol* 2016; 28:131-136.
61. Yekta A, Hashemi H, Ostadimoghaddam H, Haghighi B, Shafiee H, Mehravaran S, **Nabovati P**, Asharlous A, Khabazkhoob M. Strabismus and Near Point of Convergence and Amblyopia in 4-6 Year-Old Children. *Strabismus* 2016; 24:113-119.
62. Hashemi H, Yekta A, Jafarzadehpur E, Ostadimoghaddam H, Etemad K, Asharlous A, **Nabovati P**, Khabazkhoob M. High Prevalence of Refractive Errors in 7 Year Old Children in Iran. *Iran J Public Health* 2016; 45:194-202.
63. Mohammadi SF, **Nabovati P**, Mirzajani A, Ashrafi E, Vakilian B. Risk factors of regression and undercorrection in photorefractive keratectomy: a case-control study. *Int J Ophthalmol* 2015; 8:933-937.

64. Hashemi H, **Nabovati P**, Dadbin N, Heidari Z, Yekta A, Jafarzadehpur E, Ostadimoghaddam H, Khabazkhoob M. The Prevalence of Ptosis and Its Association with Amblyopia and Strabismus in 7-Year-Old Schoolchildren in Iran. *Strabismus* 2015; 23:126-131.
65. Sahih Alnasab SS, Kamali M, Nabovati P, Doostdar A. Prevalence of Pinguecula and Its Possible Risk Factors among Students of Rehabilitation School of Iran University of Medical Sciences in 2016-2017. *J Rehab Med* 2019; 8:177-181.
66. Doostdar A, Nabovati P, Soori H, Rafati S, Naghdi T, Khabazkhoob M. Corneal Biomechanical Characteristics and Their Correlation in an Iranian Adult Myopic Population. *Func Disabil J* 2018; 1:9-18.



### **Invited Lectures (selected)**

1. Updates on spectacle prescription in children; pediatric optometry congress, October 2022, Mashhad, Iran.
2. Convergence Insufficiency; diagnosis and management, 6th Mazandaran Optometry Seminar, October 2022, Sari, Iran.
3. Myogenic incomitant strabismus; 24<sup>th</sup> annual congress of Iranian society of optometry, July 2022, Tehran, Iran.
4. Perceptual learning in amblyopia; one-day scientific conference on emerging treatment methods of amblyopia, May 2022, Tehran, Iran.
5. Anterior segment manifestations of Covid-19, one-day scientific conference on optometry and Covid-19 pandemics, April 2022, Tehran, Iran.
6. Prism prescribing in pediatrics; 5th Mazandaran Optometry Seminar, October 2017, Sari, Iran.
7. Management of strabismic amblyopia; 22nd Annual Congress of Iranian Optometry Association, August 2017, Tehran, Iran.
8. Imaging in Glaucoma; one-day scientific conference on modern nursing care in Glaucoma, May 2017, Tehran, Iran.
9. Optometric care in nystagmus; one-day scientific conference on optometry in special cases, December 2016, Tehran, Iran.

10. Posterior OCT and its application in retinal and optic nerve diseases; workshop of Para-clinical Tests, December 2016, Qom, Iran.
11. Evidence-based evaluation of the effect of bifocal and progressive lenses on myopic progression; one-day scientific conference on myopia control, October 2016, Tehran, Iran.
12. Principles and methods of amblyopia treatment; seminar of modern achievements in Optometry, October 2016, Tehran, Iran.
13. Principles of progressive addition lens selection; one-day scientific conference on production of ophthalmic lenses, March 2017, Tehran, Iran.
14. The effect of medical treatments and medications on myopia; seminar on specialized prescription of ophthalmic lenses, February 2017, Tehran, Iran.
15. Risk factors and treatment principles of strabismus amblyopia; seminar on amblyopia and prescription of glasses in children, January 2017, Mashhad, Iran.
16. Review of keratoconus; nature and epidemiology, one-day scientific conference on Keratoconus, January 2017, Tehran, Iran.
17. Specialized vision therapy techniques in amblyopia with emphasis on the treatment of eccentric fixation; one-day scientific conference on modern optometry, August 2017, Kerman, Iran.
18. Clinical guidelines for determining the amount of prescribed prism in horizontal and vertical deviations; 20th Annual Congress of Iranian Society of Optometry, September 2017, Tehran, Iran.
19. Specular reflection technique and its application; one-day scientific conference on slit-lamp biomicroscopy, November 2017, Tehran, Iran.
20. Progressive addition lenses in children; seminar on scientific construction of spectacles, May 2017, Mashhad, Iran.
21. Free-space vision therapy techniques; one-day scientific conference on vision therapy, March 2017, Tehran, Iran.
22. Principles and clinical applications of confocal microscopy; modern optometry seminar, February 2016, Tehran, Iran.
23. Cortical visual impairment; optometry seminar of Farabi Eye Hospital, May 2017, Tehran, Iran.

24. A review of eccentric fixation treatment techniques in patients with strabismus amblyopia, 19th National Congress of Iranian Society of Optometry, August 2016, Tehran, Iran.
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### **Awards and Honors:**

1. Second rank in national Optometry MSc entrance exam in Iran
2. Special talented student in MSc course
3. The first PhD graduate of Optometry in Iran University of Medical Sciences
4. Winner of Iran's National Elites Foundation award



### **Research Interests:**

1. Pediatric optometry
  2. Binocular vision anomalies
  3. Vision therapy
  4. Ophthalmic epidemiology
  5. Ophthalmic imaging
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### **Software Skills:**

1. Mastery of Microsoft Office programs (Word, Excel, PowerPoint)
2. High-level ability to analyze data and work with several statistical software including SPSS, Stata, MedCalc